



FREE* Employability support for those over 40

*subject to availability & eligibility

Answer YES to all the following questions and ring 020 8748 9898 to speak to Sylvia, Sally or Kate.

- Are you unemployed and wanting to work?
- Were you born before 1968?
- Are you on benefit: Income Support, Incapacity Benefit, ESA, Pension/credit, Job Seekers Allowance or no benefit?
- Live in the London Borough of Ealing?
- Do you need personal support to get work?

There are a range of structured Courses on offer; that aim to include a mixture of some/all the following modules:

Personal Development

- Life Mapping & Networks
- CV's & Interview Techniques
- Motivational Training
- Developing Strengths
- Financial Stocktaking
- Business Startup
- Skills Assessment & Action Planning
- On-line Job Search

Information Technology

- Introduction to Computers/Computing
- Learn to use the Mouse & Keyboard
- Learn Desktop Publishing
- Learn Word Processing
- Learn Spreadsheets
- Learn how to do E-Mail
- Learn how to surf the Internet

An Innovative Programme tailor made for older people.

Take that first important step NOW and let us help you on the road to success!!



THIRD AGE FOUNDATION, BRITANNIA HOUSE, 1-11 GLENTHORNE ROAD,
LONDON W6 0LH TEL: 020 8748 9898 FAX: 020 8748 4250
E-MAIL: info@thirdage.org.uk WEB: www.thirdage.org.uk