

# FIGHTING AGEISM

## New opportunities for people over forty

Are you over 40 years old?

Do you want to keep up with the pace of change?

Do you want to learn about computers?

Do you want to make new friends and/or keep in touch with friends or family overseas?

Do you want to be able to surf the net to access information?

Is your knowledge of Information Technology not sufficient for today's World?

Or do your skills need updating?

We can offer INNOVATIVE taster sessions for older people 40+

## REGISTER NOW!

Particularly those with no qualifications

...AT LITTLE OR NO COST

OCR/RSA ICT SKILLS FOR LIFE

### Course Modules include:

- Introduction to Computers and Computing
- Learn to use the mouse & keyboard
- Learn Desktop Publishing/Word Processing
- Learn how to do E-Mail
- Learn how to surf the Internet

### Including Personal Development

Interested? Speak to someone who understands.

Call Sylvia or Sally on 020 8748 9898 to register.

**Take that first important step NOW!**

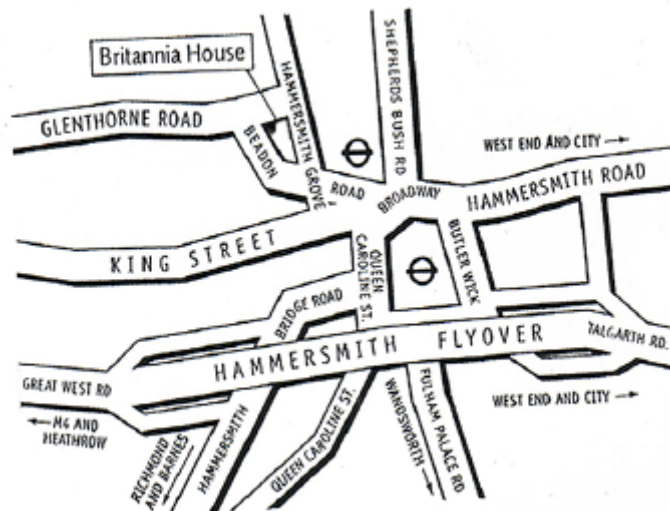


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## How to find us.....



EUROPEAN UNION  
European Social Fund

